

# Do you have a friend, partner, or family member who has memory loss? Do you have trouble with memory?

Borrow tools from MonTECH that make daily life easier!

#### What is MonTECH?

MonTECH is a free equipment library that any Montanan can use. You can borrow items for 30-180 days (depending on what you borrow). Tools include things you may want to try for your home or in the community.

You can schedule a free appointment to learn more about items you can borrow!

#### How to use MonTECH

Create an account, request items on our website, or schedule an appointment by phone, video call, or in person in Missoula or Billings. Items will be available for pick up in person or shipped to you for free (with free return shipping).

## What kind of tools can you borrow?

Items for memory support, vision, hearing, communication, mobility, recreation, or daily living are available.

### **Questions?**

Call or write MonTECH at (406) 243-5511 or montech@mso.umt.edu Visit us online at MT-AT.org

## **DAILY LIFE**



## Live Fine Automatic Pill Box

This automatic pill box dispenser ensures medications are taken properly and on time. Program up to 6 daily doses with this pill box. It can be loaded with pills for up to 2 weeks. This easy system dispenses the pills at the correct dosage at a specific time. Ensure medication is never missed!



#### **Smart Stove Knobs**

Smart stove knobs are a great option to make using the stove safer. Swap out the knobs on your current stove with these. A motion sensor alerts you when your stove is left on; you can also have a family member alerted as a backup. No more forgetting about things on the stove!



## **Mr Beams Motion Activated Light**

Motion-activated lights are great for low-lighting areas to help prevent falls. This motion-activated light will automatically light up for 30 seconds when movement is detected. Perfect for by the side of a bed or couch.

## FOR THE HOME



#### **Smart Devices: Amazon Echo Show**

Features of the Amazon Echo Show include a large display and hands-free speaker. You can take video calls from friends or family, set up reminders, and have familiar photos displayed. This device allows you to look around your home when you're away, check the weather, and control lighting. Echo Show can be customized to fit the needs of an individual and their care team. (Requires internet.)



## **Clear Sounds Amplified Bluetooth Phone**

This phone is compatible with a landline or can be connected to a cellphone. The photo buttons allow for familiar faces to be on speed dial, making calling easy. The ringer and call volume can be adjusted, plus there's an optional flashing light to notify you of incoming calls. No more missing calls or forgetting people's numbers!



#### **Time Timer**

A visual timer can be used to communicate with someone with dementia when they are asking when an event will happen or when an event might end. For example, use a visual timer to ease transitions from one activity to another so a person is not surprised when it's time to do something else. With no ticking and no alarm, these timers can be used subtly wherever you are.

# **TOOLS FOR CARE PARTNERS**



# **Caregiver Sensor Mats**

This care partner alert features a call button, alert monitor, sensor pad for the bed/chair, and sensor pad for the floor. It features adjustable chimes in low, medium, and high pitches. This system can help prevent falls and potentially dangerous wandering by alerting the care partner when the person gets out of bed or up from a chair.



# Keyfinder

This simple, low-tech solution helps with commonly lost items around the house. No complicated screens are involved! Press the button on the remote, and the corresponding key tag will loudly beep so you can find it.



## **SIMPL Safety Alert Kit**

This pager system alerts the care partner when a door is opened, motion is detected, or a call light is pressed. The kit works within a 250-foot range. It delivers a visual, audible, and vibrating alert when activated. This is ideal for wandering seniors with Alzheimer's, Dementia, or other forms of memory loss.



## **August Smart Lock**

This lock works on an existing deadbolt to allow the door to be locked or unlocked with a smartphone. Voice commands can also be used to lock, unlock, or check the status of the door. Great for ensuring doors are locked or for unlocking doors remotely when you're away from home. (Requires internet.)

# **EMOTIONAL REGULATION & SOCIALIZING**



## Simple Lift Player

Listening to music has never been more hassle-free! Help uplift and liven the mood using music without frustration or distress.

It's pre-loaded with 40 American classics and has room to store 4 GB of your own music. It has 3 simple controls: lift the lid to play music, close the lid to stop, and press the big button to skip to the next song. No internet or subscription needed!



# **Companion Animals**

Automated animals are a great fit for providing comfort. Just like a real animal, they respond to petting, hugging, and touching. Great for someone who is looking for the comfort of a pet without any inconvenience! Check out a companion cat or dog!



#### **Twiddle Muff**

This fleece-lined muff has multiple textures and gadgets attached to it. It's perfect for someone with dementia who likes to have busy hands. The soft fleece texture also provides additional hand warmth.



# Shake loose a memory

This interactive game has almost 200 prompts to spark conversation and recall of positive memories. Great for friends or family to play together with someone with memory loss.

Loans are first come-first served. It may take a few days to get your equipment. MonTECH does not loan toileting or shower equipment.